

17 December 2019

Health Awareness Programme Organized By K-One In Collaboration With Ministry of Health, Malaysia

On 9 December 2019, K-One had the honor to have staff from the Ministry of Health, Malaysia (MOH) conduct a talk about the importance of personal healthcare and at the same time provide healthcare checks to K-One staff at its Ipoh plant. The objective is to instill awareness on the importance of personal healthcare and to take relevant measures to stay healthy.



MOH began by providing a health briefing to all the K-One staff concerned. They then proceeded to conduct healthcare checks on interested staff on key health parameters such as blood pressure, blood glucose level, body mass index (BMI), etc. Additionally, five K-One staff volunteered to be taught the procedures to conduct health checks by MOH so that they could assume the role as K-One's in-house healthcare personnel to check the staff's basic health parameters regularly.

The Health Awareness Programme was well attended and K-One staff were certainly enlightened on the importance of personal healthcare and the necessary steps which are required to be taken to keep strong and healthy.



Dr. Nirwan bin Oksa, Head Doctor from MOH briefing K-One staff.



All smiles after a enlightening briefing.



Newly trained K-One staff standing tall with MOH trainers.

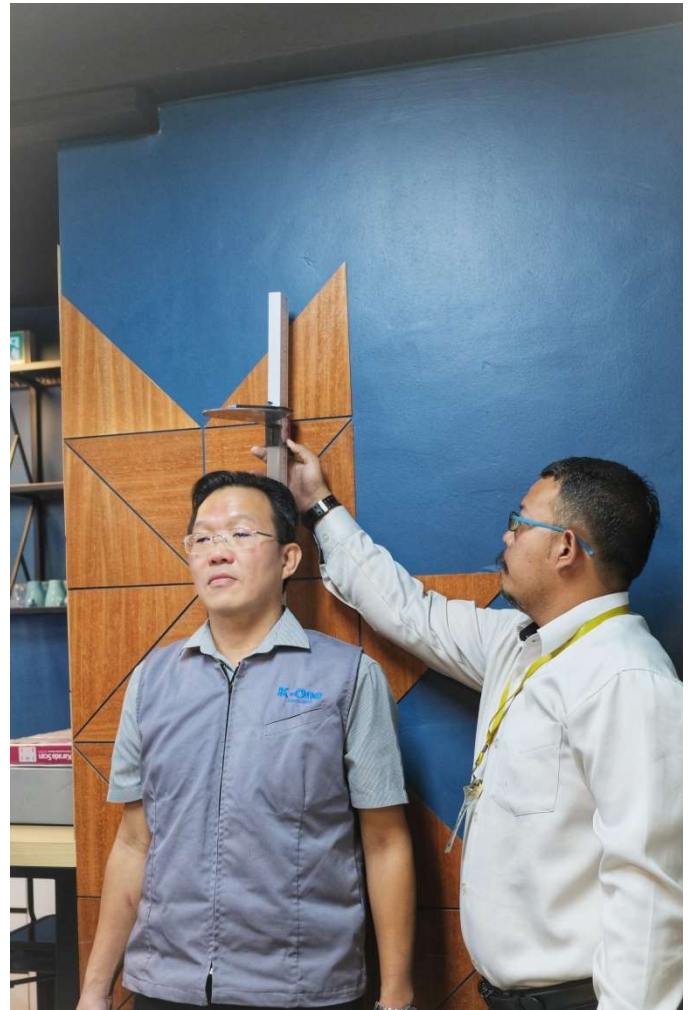


Dr. Nirwan teaching a K-One volunteer on the basic health check procedures.



"My turn"

K-One staff applying her newly acquired skills on fellow colleague while Dr. Nirwan looks on.



MOH staff measuring K-One staff's height for BMI calculation.



Dato' Martin Lim, CEO of K-One giving a token of appreciation to MOH personnel.